



Help and Support for Veterans

If you are in need of help and support and a HM Forces veteran, including National Service, and served for at least 7 days then the Royal British Legion can offer a variety of help and support to you and your family.

- Money Advice
- Military Pensions and Armed Forces Compensation Advice
- Immediate Needs Grant Scheme
- Seaside Breaks and Family Holidays
- Benefits Advice
- Handy Van Service
- Admiral Nurses including Dementia Support
- Care Homes
- Dementia Care
- Break Centres
- Respite Care
- Household Adaptions
- Care Phones

Admiral Nurses

The Legion works with Dementia UK to provide Admiral Nurses - a service that supports the carers of our beneficiaries who have dementia. The focus of the service is to maintain independence and improve the quality of life for carers and families and to provide the practical advice they need.

What do Admiral Nurses offer?

Our Admiral Nurses have the experience to facilitate the service every step of the way. Currently operating in Lancashire and the West Midlands, it is extending to the south of the country in 2015.

Admiral Nurses offer:

- Skilled assessments to determine, the needs of family carers and the needs of the person with dementia
- Information and practical advice for carers and their families on supporting those with dementia
- To work with carers and families to provide emotional and psychological support throughout the caring journey
- Advice on how to care for someone with dementia and help to develop skills to encourage positive approaches to living with dementia
- To work together with other professionals and organisations to provide additional support if you need it.

Please note that Legion beneficiaries can be either the person with dementia or the carer.

General information on dementia services is available from [their free online help service](#) or you can contact the Legion's Admiral Nurses in Lancashire or the West Midlands by calling their helpline on **0808 802 8080**.

The Legion runs four [Care Homes](#) with specialist dementia wings for long term residency **or respite care**. We can also provide a holiday at one of our [Break Centres](#) around the country for rest and relaxation for carers.

Helping the carers

Since being set up in October 2012, the Legion's Admiral Nurses team has helped more than 200 families in the West Midlands.

“Our nurses have supported families through the journey of dementia – from providing education at the point of diagnosis, to helping the family achieve their wishes when their loved one is placed in care or with end of life decisions.” *Lead Nurse Ben Upton, Admiral Nurses*

For full information on help and support offered by the Royal British Legion contact their helpline on 0808 802 8080 which is open from 8am to 8pm all week.

You can also drop in for a chat at their Pop In Advice and Information Centre at 52-54 Regent Street, Swindon SN1 1JS, just down from Swindon's Central Library, Open 10am to 4pm, Monday to Friday.



Or go on line to www.britishlegion.org.uk/veterans-and-families/